EMOTIONALLY FOCUSED THERAPY is a short-term, structured and tested approach to reduce stress in adult love relationships and create more secure attachment bonds. It is also used with families. Formulated in the 1980’s it is growing in popularity across North America and internationally. Research shows that 70-75% of couples move from distress to recovery and approximately 90% show significant improvements.

An Externship includes presentations of theory, clinical techniques and skills, training exercises, video recordings, observation of live interviews and discussion of specific cases and clinical issues.

Participants learn:

• To see marital distress from an attachment perspective
• To help partners reprocess the emotional responses that maintain marital distress
• To shape key new interaction and bonding events
• To overcome therapeutic impasses.

This 28-hour/four-day course covers the fundamentals of EFT and is the first step towards becoming certified as an EFT therapist. An extensive manual will be provided. Follow-up courses and supervision are available. Participants are strongly encouraged to read The Practice of Emotionally Focused Couple Therapy: Creating Connection (2004), by Dr. S. Johnson before the externship.

www.iceeft.com
Fee: $850 ($800 early bird)
Students: $550 (early bird: $500)

Early bird deadline
April 15, 2018

The trainer: Lorrie Brubacher, M Ed, LMFT (NC), RMFT (Canada), is certified with the International Centre for Excellence in EFT as a therapist, supervisor and trainer. She is the Founder and Director of the Carolina Center for EFT, maintains a private practice in Greensboro, is an adjunct faculty at UNCG and works in private practice in couple and family therapy since 1989. She has co-authored several chapters with Dr. Sue Johnson. She wrote *Stepping into Emotionally Focused Couple Therapy: Key Ingredients of Change*. Read about it at: steppingintoeft.com

“Lorrie has an excellent grasp of the theory and practice of EFT. She presents with clarity, warmth, and humor. I heartily recommend her training to any therapist wanting to learn the EFT model, both at the externship level and for advanced training or supervision.”

- Yolanda von Hockauf, M.Ed., R.M.F.T., Certified EFT Trainer and Supervisor

Participants from previous EFT training events have said:
“Lorrie is an expert in this model and presents difficult concepts clearly and coherently. I would recommend this seminar to anyone.”
“Watching Lorrie work with my couple was like putting together the pieces of a puzzle I had been working with.”
“Lorrie has a patient, up close, competent style; a very effective teacher – calm, clear, and an amazingly present clinician.”

Registration:
Pay online at www.carolinaeft.com with full amount and email registration information on following page OR mail registration form with 2 checks - $200 deposit and a check post-dated April 15, 2018 for the remaining amount.

Make checks payable to L. Brubacher
Mail to Carolina Center for EFT
1816 Tennyson Court, Greensboro, NC 27410

Prerequisite: have the training and educational qualifications to legally practice as a professional mental health practitioner or be in formal training to be a mental health practitioner.

For more information:
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