



2018 Conference | June 15 & 16, 2018 | Columbia, SC

Emotionally Focused Therapy & the Forgiveness Model: *Healing Infidelity and Other Betrayals*

CONFERENCE SCHEDULE

Friday, June 15

8:00 am

Registration

9:00 am - 12:00 pm

Emotionally Focused Therapy (EFT) &
The Forgiveness Model: *Healing
Infidelity and Other Betrayals*

12:00 pm - 1:30 pm

Lunch (*on your own*)

1:30 pm - 5:00 pm

EFT & the Forgiveness Model Topic
Continues

5:00 - 6:30 pm

Networking Happy Hour

Saturday, June 16

8:30 am

Registration

9:00 am - 12:00 pm

EFT & The Forgiveness Model Topic
Continues

12:00 pm - 1:30 pm

Lunch (*on your own*)

1:30 pm - 5:00 pm

EFT & The Forgiveness Model Topic
Continues and Concludes

Up to 13 Hours of Continuing Education Hours Available
Co-sponsored by the South Carolina Association for
Marriage and Family Therapy (SCAMFT) and the Carolina Center for
Emotionally Focused Therapy

About the Speaker

Lorrie Brubacher, M. Ed., LMFT, RMFT is the Founding Director of the Carolina Center for EFT. She is certified with the International Centre for Excellence in EFT (ICEEFT) as a therapist, supervisor, and trainer. She is author of *Stepping Into Emotionally Focused Couple Therapy: Key Ingredients of Change* (2018). She has worked in private practice in couple and family therapy since 1989, maintaining private practices in Greensboro and Winnipeg, Canada. She has an adjunct faculty appointment at UNC Greensboro, and has previously served as an instructor at 3 Canadian universities. She publishes and presents frequently on the topic of EFT, often publishing with Dr. Sue Johnson, the originator of EFT for couples. Lorrie has co-authored six chapters with Dr. Sue Johnson, published in the *Encyclopedia of Couple and Family Therapy*, in *Journal of Marriage and Family Therapy* and in *Person Centered and Experiential Psychotherapies*, and is on the editorial board for the ICEEFT newsletter.

Additionally, she teaches Emotionally Focused Individual Therapy and is co-developer, with Dr. Lillian Buchanan, of the first EFT interactive video training program, accessible at www.attachmentinjuryrepair.com. In support of that training program, J. Makinen, one of the AIRM researchers writes, "You

have made the attachment injury concept, which historically been overlooked / minimized by therapists, come alive in a way that research can never do." For additional information about Lorrie and her work, please see www.lbrubacher.com, www.carolinaeft.com and <https://steppingintoeft.com/>



Learning Objectives

Following this workshop, participants will be able to:

- Outline the laws of human love and bonding – how they operate in adult love relationships and how they illuminate the injurious nature of infidelity.
- Identify the key concepts, stages and interventions of EFT.
- Define an attachment injury and identify how infidelity shatters an attachment bond.
- Work with infidelity in the early Stage of EFT therapy – to create safety for the forgiveness process.
- Apply the steps of EFT's forgiveness and resolution process, known as the Attachment Injury Resolution model (AIRM).

Presentation Description

For many therapists, couple therapy is like standing in the middle of a highway, hoping not to be run down by two semi-trailers approaching from opposite directions – particularly in the face of the pain and volatility following infidelity. This introduction to Emotionally Focused Couple Therapy (EFT) and its empirically validated model for forgiveness and rebuilding trust is a great opportunity to experience first-hand the power of the EFT model.

One of the best-validated and most effective approaches to changing distressed couple relationships into loving secure bonds, Emotionally Focused Therapy (EFT) is the only couple therapy based on an empirically validated theory of adult love. Love is no longer a mystery! The science of adult love as defined by attachment theory, gives the couple therapist a reliable foundation from which to help couples shape love and loving connection. Thirty years of scientific research validates the success rate of this model and shows its relapse rate is low compared to other couple therapies. 70-75% of couples treated with EFT move from distress to recovery and approximately 90% show significant improvements.

This workshop will examine the implications of the science of love and bonding particularly as applied to instances of infidelity. EFT, at the cutting edge of the new era of couple therapy, offers clinicians a systematic map to heal broken trust and to shape safe emotional connection. The workshop will demonstrate how attachment theory guides couple therapists in working with emotion and in choosing specific moment-to-moment interventions that transform relational distress and shattered trust into secure bonds of intimacy and love. Video clips of real therapy sessions and possibly a live demonstration will give you a taste of EFT in action. Experiential exercises, role-plays, and discussions will engage you in its application.

Conference Venue

The 2018 Conference is conveniently scheduled at the Courtyard Columbia Downtown at USC in Columbia, SC; 630 Assembly Street, Columbia, SC, 29201. A block of sleeping rooms is being held for SCAMFT and Carolina Center for EFT guests at the special rate of \$149. Make reservations by calling (803) 799-7800 and ask for the SCAS Group Code by May 18, 2018 or by visiting our website, www.scamft.org, for a link to the hotel.

Continuing Education

The 2018 Conference is co-sponsored both by the South Carolina Association for Marriage and Family Therapists (SCAMFT) and the Carolina Center for Emotionally Focused Therapy.

For **Therapists in South Carolina** - SCAMFT-sponsored conferences are approved for LMFT, LPC, social work and addiction certification hours in South Carolina. For more information, call the SCAMFT office at (803) 540-7506, fax (803) 254-3773 or email info@scamft.org. Conference topics were carefully selected to adhere to ethical codes of SCAMFT, AAMFT and state licensure boards.



For **Therapists in Other States** - Carolina Center for Emotionally Focused Therapy and South Carolina Association of Marriage and Family Therapy are cosponsors of this program. This co-sponsorship has been approved by NBCC. Carolina Center for Emotionally Focused Therapy is an NBCC Approved Continuing Education Provider, ACEP No.6488. The ACEP solely is responsible for this program, including the awarding of NBCC credit.

Exhibitor Information

Companies and organizations that would like to promote their goods and services to conference attendees are invited to participate as conference exhibitors. Silver Exhibitor participants receive a skirted display table in the conference area, recognition at the conference, list of attendees and one complimentary registration to one day of the conference. Silver Exhibitor fee is \$200. Gold Exhibitor participants receive all of the benefits as Silver Exhibitors in addition to one complimentary registration to both days of the conference and web-site banner advertisement for six months on the SCAMFT website. Gold Exhibitor fee is \$500. Also, a special table for those companies who wish to promote their products and services will be available. Cost to have your items available on this table is \$100. Please email info@scamft.org for more information about becoming a conference exhibitor.

REGISTRATION FORM

SCAMFT Conference Registration Form: Complete and mail to SCAMFT, 1215 Anthony Avenue, Columbia, SC 29201. Fax: (803) 254-3773. Or register online at www.scamft.org.

Full Conference Attendance (June 15 & 16)	By May 18	After May 18
Member AAMFT	\$175	\$225
Non Member	\$250	\$300
Student	\$60	\$60
Friday ONLY or Saturday ONLY (one day of conference)	By May 18	After May 18
Member AAMFT	\$95	\$135
Non Member	\$135	\$175
Student	\$30	\$30

CONTACT INFO

Name: _____

Credential (s): _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

METHOD OF PAYMENT

Check (Payable to SCAMFT)

MasterCard

Visa

Credit Card #: _____

Expiration Date: _____ CVVC#: _____

Signature: _____

Billing Address: _____

Registration & Cancellations

The Conference Registration Desk opens Friday, June 15 at 8:00 am. All SCAMFT/AAMFT members receive a discount. Registration is available online at www.scamft.org. The registration fee, less a \$25 administrative fee, is refunded when notification of cancellation occurs two weeks prior to the workshop date. No refunds will be issued after June 1; however, a substitute may be sent or registration transferred to another SCAMFT seminar held within 12 months. No show-no refund.



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